

LEILI RAHMATNEZHAD

PERSONAL INFORMATION



- Nationality: Iranian
- Gender: Female
- Phone: +984433362637, +989141840393
- Urmia University of Medical Sciences
- Academic Email: rahmatnezhad.le@umsu.ca
- Gmail: leilirahmatnezhad@gmail.com
- Postal code: 571478334
- Address : University Campus: Pardis Nazlou, 11 km of Nazlou Road,Urmia,Iran Phone:+98 44 3223 4897 Fax: +98 44 322 290 59

JOB POSITION

- Ph.D of Reproductive Health, Department of Midwifery, Urmia University of Medical Sciences, Urmia, Iran
- MSc of obstetrics, Department of Midwifery, Urmia University of Medical Sciences, Urmia, Iran

<http://faculty.umsu.ac.ir/Site/CV.aspx?STID=356&Ln=en>

<https://scholar.google.com/citations?user=x0KoR7oAAAAJ&hl=en>

<https://www.scopus.com/authid/detail.uri?authorId=55227306400>

RESEARCH INTERESTS

My research interests include (but are not limited to) Breastfeeding self efficacy, Perceived stress, Exclusive breastfeeding, Gestational diabetes, Insulin resistance, Polycystic ovary syndrome (PCOS), Prenatal care, Labor and delivery, Postpartum care, and newborn care

EDUCATION

- Tarbiat Modares University, Tehran, Iran
Ph.D. in Reproductive Health (2018-2023)
Thesis: Comparative assessment of the effect of complementary treatment with Cinnamon and Turmeric capsules on Polycystic Ovarian Syndrome: A triple blind clinical trial
- Iran Medical Sciences University, Tehran, Iran
M.Sc. in Midwifery (2005-2007)
Thesis: Investigating breastfeeding self-efficacy and its relationship with perceived stress and discontinuation of exclusive breast feeding in neonatal period among primiparous mothers at shahid Akbar abadi hospital in Tehran, Iran, 2007.
- Tabriz University of Medical Sciences, Tabriz, Iran
B.S.c. in Midwifery (1995-1999)

PUBLICATIONS

- Free androgen index (FAI)'s relations with oxidative stress and insulin resistance in polycystic ovary syndrome
Leili Rahmatnezhad , Lida Moghaddam-Banaem, Tahereh Behrouzi Lak, Afshin Shiva, Javad Rasuli
Scientific Reports (2023) 13:5118
DOI: [10.1038/s41598-023-31406-0](https://doi.org/10.1038/s41598-023-31406-0)
<https://www.nature.com/articles/s41598-023-31406-0>
- Effectiveness of a smartphone-based educational intervention to improve breastfeeding
Seyyedi, N., Rahmatnezhad, L., Mesgarzadeh, M., ...Seyyedi, N., Rahimi, B.
International Breastfeeding Journal , 2021, 16(1), 70
<https://internationalbreastfeedingjournal.biomedcentral.com/articles/10.1186/s13006-021-00417-w>
- The impact of baby massage training on awareness, perceived stress and breastfeeding self-efficacy of mothers with hospitalized neonate
L Rahmatnezhad, S Sheikhi, A Didarlo, Z Fakoor, M Iranidokht
International Journal of Pediatrics 6 (10), 8297-8306
https://ijp.mums.ac.ir/article_10838_b4b7ce8ef8312c39aa6a14bce6b9bdb8.pdf
- Relationship of spiritual health and perceived stress with breastfeeding self-efficacy: A survey on mothers with hospitalized neonates
Didarlo, A., Rahmatnezhad, L., Sheikhi, S., Khodai, F.
International Journal of Pediatrics, 2017, 5(12), pp. 6179–6188
https://ijp.mums.ac.ir/article_9331.html
- Effect Of Slow-Stroke Back Massage On Anxiety Of Older Women With Breast Cancer Undergoing Chemotherapy
M Basiri, F Bastani, H Haghani, L Rahmatnejad
Journal of Client-Centered Nursing Care 2 (2), 115-122
<https://www.sid.ir/FileServer/JE/50002120160206.pdf>
- Investigating health locus of control among women with gestational diabetes and its relationship with demographic variables
R Zarrabi, L Rahmatnezhad, F Bastani
Nursing And Midwifery Journal 11 (1), 0-0
http://unmf.umsu.ac.ir/browse.php?a_code=A-10-1-257&slc_lang=en&sid=1
- Breastfeeding self efficacy and perceived stress in primiparous mothers
F Bastani, L Rahmatnejad, F Jahdi, H Haghani
Iran Journal of Nursing 21 (54), 9-24
https://ijn.iums.ac.ir/browse.php?a_code=A-10-328-2&slc_lang=en&sid=1

- Factors associated with discontinuation of exclusive breast feeding by first time mothers
L Rahmatnejad, F Bastani
Iran Journal of Nursing 24 (71), 42-53
https://ijn.iums.ac.ir/browse.php?a_code=A-10-530-44&sid=1&slc_lang=en
- An investigation of Breast Feeding Self Efficacy and its Relationship with exclusive breast feeding
L Rahmatnejad, F Bastani
Alborz University Medical Journal 1 (1), 31-36
https://aums.abzums.ac.ir/browse.php?a_id=26&sid=1&slc_lang=en
- The Investigation of perceived stress and religious coping among female caregivers of the elderly with dementia
F Bastani, E Ghasemi, E Ramezanzadeh Tabriz, L Janani, L Rahmatnejad
Journal of Rafsanjan University of Medical Sciences 13 (10), 925-936
http://journal.rums.ac.ir/browse.php?a_id=2254&sid=1&slc_lang=en
- Evaluating the relationship of negative mood and perceived stress with demographic factors in women attending family planning clinics and applicant for contraceptive pills use
F Bastani, L Mohammadi Yeganeh, L Rahmatnejad
Nursing And Midwifery Journal 7 (2), 82-88
http://unmf.umsu.ac.ir/browse.php?a_code=A-10-2-55&slc_lang=en&sid=1

PROJECTS

- Investigation of the relationship between spiritual health with perceived stress and breastfeeding self-efficacy of mothers with hospitalized newborns in shahid Motahari hospital from 2016 to 2017
- Designing and evaluating of newborns massage education program on perceived stress level and breastfeeding self-efficacy of mothers with hospitalized newborns in shahid Motahari hospital, 2016

TEACHING

- Prenatal care
 - Labor and delivery
 - Postpartum care
 - Newborn care
- At the Urmia University of Medical Sciences since 2008
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SKILLS AND
WORK
EXPERIENCE

- Prenatal care
 - Labor and delivery
 - Postpartum care
 - Newborn care
 - Breastfeeding self-efficacy
 - Perceived stress
 - Exclusive breastfeeding
 - Polycystic ovary syndrome (PCOS),
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